

*DAY*

**6**

**XXXII FISU GAMES TORINO 2025**  
*IT'S TODAY THAT MATTERS*

**LIVE**  
**THE GAMES**



# EDIT ORIAL

## Carpe Diem!

Dear readers,

if in recent days you have visited one or all of the competition venues of these Torino 2025 FISU Games, if you have been on the slopes in the mountain towns or on the streets of Torino, you have undoubtedly seen the phrase “Live the Games” written somewhere. This motto has accompanied all of us—spectators, athletes and volunteers—throughout these last days of competition. But what do these three simple words mean? “Live the Games” is a slogan that not only encourages active participation in this event but also invites you to fully enjoy every second of it!

Why is this important? All of us have a goal, a finish line, or a result we strive to achieve with all our might. We focus on the process of physical or mental preparation, we push ourselves, break our limits, and follow the path that will lead us to success. But when we reach the crucial moment, the moment where everything is at stake, we risk being so preoccupied with the next step that we forget to enjoy the present. We might not fully appreciate the journey leading us to our next achievement.

Whether you are student-athletes, volunteers, staff, spectators, or sports enthusiasts, the invitation is to pause for a moment, look around, let your mind be suspended like a snowboarder mid-jump in slope-style, and seize the moment: the magic and smiles of those around you, the details, the joy in the little things, to fully appreciate the significance of the moment you are living—the present.

This event is a unique experience, and your life is a grand event with no room for regrets. Let’s live the coming days of competition, the festivities surrounding them, and embrace the beauty of these moments together.

It’s today that matters, not tomorrow. It’s this moment that counts, not the next. Let’s live them as intensely as possible! “Carpe Diem,” but also “Gaudemus Igitur,” as in the student anthem, is our wish for all of you to live every moment of life with passion and emotion—the same passion our student-athletes bring to their sport. Let’s take note of this and draw inspiration from them, these champions in both sports and life.

### Daily Magazine

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# SPORT INDOOR REVIEW JANUARY 17th

## INDOOR SPORT REVIEW: HOCKEY AND CURLING NEVER STOP

### HOCKEY

Hockey moves fast but don't worry, we are here to guide you through it. Yesterday's programme was filled by thrilling matches. The first play-outs semifinals were disputed in Torino Pala Tazzoli, where **women's Chinese Taipei** and **United States** won against Kazakhstan and United Kingdom, respectively at 4:30 pm and 8 pm. Men's preliminary round continue in Pinerolo and Torre Pellice, where **Republic of Korea**, **Japan**, **Czechia** and **United States** beat Sweden, Poland, Kazakhstan, and Ukraine.

### CURLING

Today, we are going to find out the latest curling news, stone by stone. Palatazzoli was house to the third and fourth sessions round robin: men's third session was won by **Italy**, **Ukraine**, **United States**, **China** and **Norway**; men's fourth session was won by **Norway**, **United States**, **Switzerland**, **Italy** and **Canada**; women's third session was instead won by **Japan**, **Sweden**, **Canada**, **Norway** and **Republic of Korea**; while the fourth was won by **Republic of Korea**, **Norway**, **China**, **Japan** and **Canada**.



# SPORT INDOOR REVIEW

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## AN ITALIAN BRONZE MEDAL AT THE PALAVELA

The **Women's Short Program** was held today, with two Japanese women **Chiba Mone** (72.00) and **Sumiyoshi Rion** (65.89) in the top three places. In second place after the first round qualifies Kazakhstan with **Samodelnika Sofia** (66.43).

In the **Ice Dance final** the gold went to the Spaniards **Val Sofia/Kazimov Asaf** with 172.77, the silver to the French **Terreaux Lou/Perron Noe** who finished with 168.60 points and the bronze to the Italians **Giulia Isabella Paolino/Andrea Tuba** who scored 166.85.

### Sofia VAL and Asaf KAZIMOV

**Val:** (on the skate today) It felt really good we tried not to rush though our programme and enjoy every moment and think it worked. We are really happy (on the next) We still have a couple of competitions to go this season and we want to go on and on a long term to keep going as a couple and reach higher and higher goals and keeping our performance and taking it slowly

**Kazimov:** (on the win) We feel amazing we haven't been thinking about because we just wanted to

perform well that wasn't a goal so a lot of emotions. (on skating last) It's always hard to go last – there is pressure but I think it's a good experience overall.

### Giulia Isabella PAOLINO and Andrea Tuba:

**Paolino:** (next competition) Eina trophy – an international competition. And then we don't know yet. (on winning the medal in Italy) For me it's very important. Last year we were 4th in the Junior Grand Prix, this year we were 4th again, so to medal was very important.

**Tuba:** (on the pressure being 2nd yesterday) It was very difficult for me to remain calm. I controlled my emotions the best I could because in this sport the state of mind is everything. Months and months of training and sacrifices that transfer into just 4 minutes and you have to give everything in these minutes, so you must be focused. I always say that 80% of the competition is decided by the strength of the nerves and being in the competition from the start till the end. Today we did a great job and were concentrated every second.



# SPORT OUTDOOR

# REVIEW

JANUARY 17th

## France shines with Tillier and Picouet

Valeria Schröter and Cecilia Perino



**Freestyle** competitions in the moguls ended in the past few days. However, today, the excitement of freestyle continued with an even more complex discipline: **the freeski slopestyle**. This speciality sees athletes competing on slopes filled with jumps and obstacles of various kinds, such as rails, tubes, and benches.

At Bardonecchia, on a track located at 2100 meters, the air was freezing, but the atmosphere was warmed by spectators, families, and coaches. Everyone was

eagerly waiting for the arrival of the athletes. “I’m relieved, as a parent watching,” said the mother of silver medalist **Lara Jane Shaw**. The race was organized in four rounds, two for each category, with 6 women and 12 men competing. France dominated thanks to the achievement of three medals: two golds by **Victoire Tillier** and **Hugo Picouet**, and a bronze by **Amélie Cancel**. Cancel expressed some dissatisfaction with her performance but she hopes to redeem herself on

January 18 during the freeski big air qualifiers. The athlete commented: “it will be my revenge.” Tillier, her French teammate, was instead very pleased with her result even though she decided to postpone the celebrations to the upcoming competitions. Although friends and families of the French girls were not present, as they pointed out, the warm support of the team was strong enough to fill the absence. Coaches and staff members were ready to celebrate them after the mascotte ceremony.

**Hugo Picouet**, the gold medalist in the men’s category, thanked the French team as well. He broke the ice by joking about it being his “first time” doing an interview entirely in English. The 19-year-old then commented on his victory, saying that he had delivered the best performance he could. “The most difficult part was the jumps, but I did a good job,” he added with a smile. As he explained, the challenge in his sport lies in achieving a clean result in every phase, from the tricks to the landing.

The silver medal went to the Estonian **Stefan Sorokin**. “I can’t say I’m happy, but at least I won a medal. Now I need to give my best in training,” he said right after the competition. Slovenian athlete **Klemen Vidmar** secured third place in the event. He said he was satisfied with his bronze medal but also acknowledged that he knew he could aim for gold. Referring to a teammate’s fall during the competition, Vidmar reminded everyone of the importance of never giving up, commenting: “I think that as long as you practice, you learn how to fall and how to stand up and get back to do better, falls make us stronger.”

All athletes are looking forward to giving their best in the January 18 Big Air qualifiers. For some, it will be an opportunity to confirm their results, while for others, it will be a chance to reverse them and earn a spot on the podium.



# SPORT OUTDOOR REVIEW

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## Contest for Gold in High Altitude



**Bardonecchia - Sellette, 17 January** - Today was the final of the **men's and women's Snowboard Slopestyle** at 2100m. After several female athletes were injured in training over the past few days, today's final had five competitors from USA, Argentina, Canada and Slovenia.

The clear, bright, windless weather were a blessing to the competitors who had near perfect conditions for their finals.

In the **women's competition**, **Amy McCarthy**, CAN, tied with **Tanja Valcl**, SLO, with the latter taking the win after scoring an impressive 94.25. **Abril Luz Casco**, ARG, the only Argentinian in the Snowboard competitions here in Sellette, won Bronze and was

delighted with her win. She said, "I cannot believe it, I love this place. I attach a lot of importance to my studies, so I must manage the combination, mostly in winter, when I have school and training at the same time. Luckily the winter vacations provide me with some proper focus on my training. This was the first time competing internationally, and I am happy to get a medal in my first competition outside of my home country."

Women's Gold medallist, **Tinkara Tanja Valcl**, SLO said, "It feels amazing, luck was on my side, the weather was just amazing. The University Games are always fun, you meet a lot of friends. I mostly liked the rails, and I particularly liked my frontside rotations. I am finishing up my snowboard career. I am

getting older, so I think I need to start working."

Women's silver medallist **Amy McCarthy**, CAN said, "I did not realise that I was the youngest among the competitors until after, so that did not give me any pressure. I am happy to take the silver medal while being the youngest. I tried to improve my score in the second run, but sadly I took a tumble so that brought my score down. Now I will start supporting my teammates."

In the **men's competition** **Fujiya Ryoji**, JPN, who was the clear favourite in yesterday's qualifications, was extremely disappointed with his 4th place. It was **Noe Petit**, FRA, who won today's finals, over **Thom Vogel**, NED and **Liam Garandel**, FRA who got the third spot on the podium.

**Noe Petit**, FRA said, "I am particularly happy because I haven't been winning any medals recently, because I struggled with a stress fracture. Today I landed both runs. I cannot really explain why Team France is doing so well these days, I guess we just are the best. My goal is to win gold again in the big air."

Men's silver medallist **Thom Vogel**, NED said, "My indoors expertise really gave me an edge as it gets me more used to such compact courses. The first run did not go so well, but the second run everything just worked out. We knew that a podium could be possible, but there were just so many podium contenders. At first it was a dream, now it has become reality, it is still sinking in a bit."

Bronze medallist, **Liam Garandel**, FRA said, "My studies consist of distance learning courses, which allows me to stay at home and train, while in the evening I go to work. So, I can manage to combine my sport and my studies very well. I train with



the French snowboard team, and we train a lot in Switzerland, Austria, Italy, and France, but mostly in the French Pyrenees rather than the French Alps. We really train over the whole of Europe. I am very satisfied with FISU's organisation, we really manage to recover and eat very well, the Olympic village is perfect for the good recovery and preparation of us athletes."

### PREVIEW:

Tomorrow, Saturday 18 January, the Big Air competitions will start in Sellette. Many of the slopestyle athletes have confirmed their ambitions to medal in Big Air as well, so tomorrow's qualification will highlight those leading contenders.

# SPORT OUTDOOR REVIEW

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## Silver for Swedish Cousins in Super G

**Bardonecchia - Melezet, Thursday 17 January** – Nestled in the heart of the Piedmont Alps, the Melezet slopes of Bardonecchia, renowned for hosting snowboarding events during the 2006 Winter Olympics, provided the perfect setting for today's thrilling Super-G competitions. The morning began with 35 women at the start, showcasing skill and determination on the challenging course. In the afternoon, 57 men took to the slopes, continuing the excitement in this iconic Alpine venue. Like on the first competition day for the women, the French were strong and fast. But this time in favor of Louison Accambray, who won bronze in the Alpine Combined two days ago.

**1st place: Louison ACCAMBRAÏ, FRA :** 'I'm so happy! I gave everything I had and tried my best to have no regrets. I'm thrilled to share this moment with my teammates. Two days ago, my teammate won gold, and I finished third; this time, we switched places, and it's still a great team result. I really wanted the gold this time. Two years ago, I finished fourth, but now I've achieved what I wanted to.' 'Training for Super-G is challenging, and I hadn't trained or raced in Super-G for over a year. This morning was stressful, but I focused on enjoying the moment and pushing past the nerves. It's always better when you just go for it and stay chill!'  
**2nd place, Sophie NYBERG, SWE:** 'I'm very happy with my race! This is my second sil-

ver medal after the one in the Alpine Combined. The conditions were great, the slope was a little bumpy in some turns, but the snow was compact and hard. It was a bit icier compared to two days ago, but overall, it was perfect. I'm really loving the atmosphere here. The competition is bigger than I expected, which makes it even more exciting!'

**3rd place, Emy CHARBONNIER, FRA:**

'I didn't make the best decisions today, which cost me some time, but I stayed focused. Despite the mistakes, I'm happy with the result. The conditions here are always excellent, and the event is really well organized.'

'This is my first time competing and my first year at university, so balancing studies and games has been a bit challenging. Both the country and the organizers have been incredibly welcoming. I want to thank my club, everyone who follows and motivates me, and

my coach for their support.'

**ALPINE SKIING Super-G Men**

At 12:30 the Super-G Men's competition started. Today Spain's Ander Mintegui was the fastest down the hill! Emil Nyberg from Sweden finished in second and Jonas Skabar from France in third.

**1st place: Ander MINTEGUI, ESP**

'I had a very good race and I'm doing well overall. This is my first time at the FISU Games. The organization of the race was excellent, and I really enjoyed it. I don't feel any pressure because it's a big event. I've been on TV before during the World University Championships, so that doesn't make me more nervous.'

'Outside of competing, my favorite memories are just being here in Bardonecchia. I love spending time at the Villaggio Olimpico, talking with other athletes,



# SPORT OUTDOOR REVIEW

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and going out with my friends and teammates.'

### 2nd place, Emil NYBERG, SWE

'Before the race, I felt pretty confident. I watched Ander Mintegui's run since he started first, so I knew I had to push hard to finish ahead of him, maybe next time I will! The slope conditions were good, but it was steep and dark at the start, which made it tough to see the small bumps. The organizers did a fantastic job overall.'

'It's a big day for my family because Sophie Nyberg, who won silver in the women's Super-G, is my cousin! The atmosphere here is incredible, it feels like a step closer to the Olympics, and that's exciting. I also love meeting so many athletes from different countries and sports and sharing this amazing experience with them.'

### 3rd place, Jonas SKABAR, FRA

'I'm so surprised but also so happy! I could have won if it weren't for the mistakes I made and the wrong turns I chose, but I'm still thrilled with the result. This is my first time competing in the University

Games, and it's been such a great experience. I live just nearby, on the other side of the French border, so it feels special to compete so close to home.'

'Everything about the games has been fantastic—the organization, the atmosphere, and the mix of different nationalities and levels. It's fun and so different from anything I've experienced before. I'd like to thank my parents, who have always supported me and motivated me to start skiing when I was young. I'd also like to thank Mark and Maribel for their incredible support.'

### PREVIEW Saturday 18 January

For Saturday 18 January another race day for the parastudent-athletes is planned. At Bardonecchia-Melezet the day starts with the first run for Para Giant Slalom for women and men, directly followed by the first run of the Giant Slalom for Women. The second run for all divisions starts at 13:00. The medal ceremony for all events takes place at the Medal Plaza in Bardonecchia, which is in front of Palazzo delle Feste at 18:00.





# SPORT OUTDOOR REVIEW

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## COMPETITION REVIEW: CROSS-COUNTRY SKIING & PARA CROSS-COUNTRY SKIING, SPRINT CLASSIC FINALS (M/W)

**PRAGELATO PLAN, 17 January** – The trails of Pragelato Plan saw thrilling action today as the world's top cross-country skiers competed in the **Sprint Classic Heats and Finals**, delivering unforgettable through packing heats and exciting finals for both athletes and spectators. The short, intense races tested endurance, speed, and tactical awareness as competitors navigated tight corners and steep inclines to secure podium finishes.

### CROSS-COUNTRY SKIING – SPRINT CLASSIC TECHNIQUE FINALS

#### Women's Sprint Classic Final

In the women's final, **Izabela Marcisz (POL)** executed a perfectly timed attack on the final meters, pul-

ling away from the pack to claim the gold in 3:35.06. The battle for second was just as fierce, with **Kaidy Kaasiku (EST)**, +0,36 seconds) edging out **Anni Lindroos (FIN)**, +0,74 seconds) with just a few centimeters ahead to secure silver. For Kaasiku, it was nevertheless bittersweet, as her twin sister had qualified for the final as well but was sadly disqualified before the start. Despite the drama, the crowd erupted as the women pushed through in double-poling on the final meters, showcasing the sheer determination and skill that define cross-country sprinting at its finest.

### FLASH QUOTES CROSS COUNTRY – WOMEN

#### Winner - Izabela Marcisz (POL)

I'm super happy! This morning, I didn't feel good.

Before the qualification I felt very sleepy and I'm very surprised but after each heat, I felt better and at the end I pushed full gas. I'm super, super happy, especially because I know these girls from the World Cup, and we have been competing together the last few years. So it was a nice feeling competing here with them.

#### Second - Kaidy Kaasiku (EST)

It was very hard, but I am happy with second place. It was a very tactical and clever race. On the big hill, everyone slowed down and I went down first, but it was a really hard push till the finish line and I am happy I came in second. This medal means a lot, as it is my first in a high level, so that is very cool. I am

nevertheless sad my sister got disqualified and I have no idea why yet, but it would have been so great to be in the final together!

#### Third - Anni Lindroos (FIN)

Really good race, I tried to save energy for these last 100m, and I thought if I am behind someone good and just pull with, then I'll finish well. The medal is quite a surprise, as I am much better in skating, and I really didn't expect this. I am in quite a good shape, particularly thanks to my university, where a lot of courses are online, and I can perfectly focus on training and also our teachers are very understandable and support us.





### Men's Sprint Classic Final

The men's final delivered a heart-pounding finish as **Nolan Gertsch** (SUI) surged ahead in the final stretch to capture gold in 3:02.96 minutes, leaving the rest of the field trailing behind. Behind him, **Valtteri Pennanen** and **Markus Kasanen** fell on each other behind the finish line, celebrating silver and bronze for Team Finland, finishing behind Gertsch with 0.76 seconds and 1.18 seconds respectively. The intense pace and strategic maneuvering kept spectators on the edge of their seats from start to finish.

### FLASH QUOTES CROSS COUNTRY - MEN

#### Winner - Nolan Gertsch (SUI)

It's great to be here and achieve a podium. For me it is quite unbelievable, a lot of work went into this gold and also a lot of luck on the skis. So my big, big thank you to the wax team, this gold is really unbelievable!

#### Second - Valtteri Pennanen (FIN)

I can't ask for more. This is a perfect day for us and our whole team. I think we had the best skis on this race. I knew that this was probably going to be my best race, and I am happy it worked out.

#### Third - Markus Kasanen (FIN)

This feels amazing! Today was such a good day for me. Two days ago, I fell down in the big hill, so today was an important day for me. Our skis were amazing

today. I never imagined about this scenario. It is way better than what I thought.

### PARA CROSS-COUNTRY SKIING - SPRINT CLASSIC TECHNIQUE FINALS

#### Women's Sprint Classic Final

Germany's dominance was on full display in the women's visually impaired final, as **Leonie Walter**, guided by **Christian Krasman**, claimed her second gold medal of these games with a flawless performance, finishing in 4:40.3 minutes. Their smooth transitions and synchronized effort left no room for competitors to close the gap. The battle for silver was equally intense, with second German **Johanna Recktenwald**, guided by **Emily Rose Weiss**, finishing 28.8 seconds behind her teammate and **Aneta Kobryn** (POL with Katarzyna Witek) coming in third at a time of 46.8 seconds behind Walter.

In the **women's para standing** there wasn't much of a competition, as **Tabea Dolzan** (SLO) was the sole athlete to compete in the final, being on the track with the visually impaired athlete and finishing 1:44,3 seconds behind Walter, yet obviously claiming the gold in her own category.

### FLASH QUOTES PARA CROSS COUNTRY VISUALLY IMPAIRED - WOMEN

#### Winner - Leonie Walter (GER)

It was a very cool race, and I started fast right away. I'm very happy to win today on the day of my birthday – it is a nice present. Even though the start was quite hard, as it was delayed due to some technical difficulties, so it was difficult to stay warm while waiting in the start line. I needed to warm up, just standing on my skis in position at the start, which is very difficult.

#### Second - Johanna Recktenwald (GER)

The final was very good. In the prologue, I wasn't happy, but now I felt way better. It's really cool, to win a medal in the first inclusive University Games, and I hope we can be included in the future. The delay of the start was quite hard, but I am happy how I managed.

#### Third - Aneta Kobryn (POL)

This was a very hard race, but it is my first time in a final and that makes me so happy. And I raced with Leonie and Johanna, the two best girls there are, so this is really cool. So I am very proud, even though I am now very tired.

#### Men's Sprint Classic Vision Impaired Final

In the men's visually impaired final, **Inkki Inola** (FIN) secured gold with remarkable coordination and such an amazing speed of 3:31.1 min, that he competed without his guide, stating that he is just way faster in classical technique sprint than his guide and he would have just slowed him down. That wasn't far from the truth, as second placed **Lennart Mattis Volkert** (GER) with his guide **Nils Kolb** finished 12.2 seconds behind Inola – a high number for the short sprint competition. **Roman Krubanov** of Kazakhstan with his guide **Anton Zhdanovich** came in third with a time of +1:09.8 minutes behind the Finish gold medalist.

### FLASH QUOTES PARA CROSS COUNTRY VISUALLY IMPAIRED - MEN



#### Winner Inkki Inola (FIN)

The feelings today are just great. It was a very hard track, but I enjoy the races here a lot! It was weird, that the race of the Para athletes was delayed, but luckily it didn't affect me. I was just running around to keep myself warm. Today it is thankfully not a cold day, so I came to the start prepared. Today I also decided to not race with my guide because sprint is a very fast race, and the guide isn't as important as in the long races. But also, he's too slow for me on the sprint! (laughs)

#### Men's Sprint Classic Standing Final

The men's standing final saw a showdown, that was early on decided, with Paralympian Silver-Medalist **Marco Meier** (GER) taking his second gold ahead of **Garik Melkonyan** of Armenia and **Denis Zinov** (KAZ).

### FLASH QUOTES PARA CROSS COUNTRY STANDING - MEN

#### Winner Marco Meier (GER)

Classic is definitely not my speciality, so I'm really happy with my race. I tried to accelerate a little at the start because the first section is downhill and that suits me very well and then to find my pace. It's really nice that these University Games are inclusive, it's really something that we can compare ourselves with the non-para athletes!

**PREVIEW:** The competitions continue tomorrow, 18 January, in Pragelato Riva, with the biathlon sprint races taking center stage. The men's 10 km sprint will start at 10:00, followed by the women's 7.5 km sprint at 13:00. These high-intensity races will challenge athletes' speed, precision shooting, and ability to handle pressure in this fast-paced format.



# YESTERDAY'S MEDALIST

Check out podium's images from yesterday's medalling competitions.



**ALPINE SKIING MEN'S SUPER-G**  
Athletes from left to right: Emil NYBERG (SWE), Ander MINGEGUI RIVERA (ESP), Jonas SKABAR (FRA)



**ALPINE SKIING WOMEN'S SUPER-G**  
Athletes from left to right: Sophie NYBERG (SWE), Louison ACCAMBRAY (FRA), Emy CHARBONNIERE (FRA)



**PARA CROSS COUNTRY (W) SPRINT VISION IMPAIRED**  
Athletes from left to right: Johanna RECKTENWALD (GER), Maria Leonie WALTER (GER), Aneta KOBRYN (POL)



**PARA CROSS COUNTRY SPRINT (M) IMPAIRED VISION**  
Athletes from left to right: Lennart Mattis VOLKERT (GER), Inkila REETU (FIN), Roman KURBANOV (KAZ)



**PARA CROSS COUNTRY SKIING (M) SPRINT**  
Athletes from left to right: Denis ZINOV (KAZ), Marco MAIER (GER), Charles LECOUR (CAN)



**CROSS COUNTRY SKIING (W) SPRINT**  
Athletes from left to right: Kaidi KAASIKU (EST), Iszabela MARCISZ (POL), Anni LINDROOS (FIN)



**FREESTYLE FREESKI SNOWBOARD SLOPESTYLE (M)**  
Athletes from left to right: Amy MCCARTHY (CAN), Tinkara Tanja VALCL (SLO), Abril Luz CASCO (ARG)

# YESTERDAY'S MEDALIST

Check out podium's images from yesterday's medalling competitions.



**FREESTYLE FREESKI SLOPESTYLE (W)**  
Athletes from left to right: Lara Jane SHAW (GBR), Victoire TILLIER (FRA) , Amelie CANCEL (FRA)



**FREESTYLE FREESKI SLOPESTYLE (M)**  
Athletes from left to right: Stefan SOROKIN (EST), Hugo PICOUET (FRA) , Klemen VIDIMAR (SLO)



**FREESTYLE FREESKI SNOWBOARD SLOPESTYLE (M)**  
Athletes from left to right: Tom Marinus Cornelis VOGEL (NED), Noé PETIT (FRA) , Liam GARANDEL (FRA)



**FIGURE SKATING - ICE DANCE**  
Athletes from left to right: Lou TERREAUX, Noe PERRON (FRA), Sofia VAL, Asaf KAZIMOV (ESP), Giulia Isabella PAOLINO, Andrea TUBA (ITA)





























**SKI MOUNTAINEERING MIXED RELAY**  
Athletes from left to right: Maria ORDONEZ COBACHO, Marc RADUA (ESP), Margot RAVINEL, Pablo GINER (FRA), Sophia Katharin WESSLING, FinnElias HOSCH(GER)

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## Medal Table

				Tot
FRA 	12	5	6	23
GER 	5	6	5	16
ESP 	3	4	2	9
FIN 	3	3	2	8
POL 	3	1	3	7
KAZ 	2	4	2	8
SUI 	2	0	1	3
UKR 	2	0	1	3
JPN 	1	2	1	4
ITA 	1	1	2	4
SLO 	1	1	1	3
GBR 	1	1	0	2
CHI 	1	0	0	1
NOR 	1	0	0	1
SWE 	0	3	0	3
EST 	0	2	0	2
CAN 	0	1	3	4
CZE 	0	1	1	2
NED 	0	1	0	1
ARG 	0	0	1	1
ARM 	0	0	1	1
BUL 	0	0	1	1
USA 	0	0	1	1

# TO

## DAY 6

# DAY'S PROGRAM

## DAY 6: we are halfway through the XXXII edition FISU GAMES

We are halfway through the XXXII edition of FISU World University Games and Torino is rambling with excitement for today's competitions. But let's rewind a moment to remember yesterday's achievements.

Many medals were awarded to our student-athletes and para-student-athletes on January 17th: from Bardonecchia and Bardonecchia Melezet, with men's and women's alpine skiing super G, men's and women's freestyle & freeski slopestyle and men's and women's snowboard slopestyle; to Pragelato, with men's and women's cross-country skiing sprint classic, women's para cross-country skiing sprint classic and men's para cross-country skiing sprint classic, vision impaired and standing; then to Sestriere, with ski mountaineering with two finals; and all the way to Torino,

where Palavela hosted a figure skating ice free dance competition.

Today, January 18th, Bardonecchia and Bardonecchia Sellette will witness multiple qualifications: **men's and women's freestyle & freeski big air** from 10 am and men's and women's big air in the afternoon. Moving from Bardonecchia, Torino Pala Tazzoli will host men's and women's fifth **curling round robin** sessions and men's sixth hockey round robin session, but also two **ice hockey play-offs** semifinals: Canada-Japan at 4 pm and Czechia-Slovakia at 8 pm. This Friday's competitions aren't over yet, check the following pages to see what will happen.

## DAILY Programme

<b>Curling</b> M5 09:00 Torino Palatazzoli	<b>Para Alpine Skiing</b> Para Giant Slalom W/M- 2nd 13:00 - 15:00 Bardonecchia
<b>Alpine Skiing</b> Giant Slalom W - 1st Run 09:30 - 11:30 Bardonecchia	<b>Snowboard</b> Big Air W/M - Qualifications 13:30 - 15:00 Bardonecchia
<b>Para Alpine Skiing</b> Para Giant Slalom W/M - 1st Run 09:30 - 11:30 Bardonecchia	<b>Curling</b> W5 14:00 Torino Palatazzoli
<b>Biathlon</b> Sprint - 10 km M 10:00 Pragelato Rua	<b>Ice Hockey W</b> SF 1 (15) 16:00 Torino Palatazzoli
<b>Freestyle &amp; Freeski</b> Big Air W/M - Qualifications 10:30 - 12:00 Bardonecchia	<b>Figure Skating</b> FP Woman 16:30 - 20:20 Torino Palave
<b>Figure Skating</b> FP Men 12:00 - 16:00 Torino Palavela	<b>Curling</b> M6 19:00 Torino Palatazzoli
<b>Biathlon</b> Sprint - 7,5 km W 13:00 Pragelato Rua	<b>Ice Hockey W</b> SF 2 (16) 20:00 Torino Palatazzoli
<b>Alpine Skiing</b> Giant Slalom W - 2nd Run 13:00 - 15:00 Bardonecchia	



## DAY 6 January 18, 2025



SCAN FOR RESULTS



# MUST-SEE

A total of twenty-seven student-athletes will get to the podium today and we can't wait to see the battle to reach this goal. It's surely going to be a challenging day, which will require hard work and focus to perform the best way possible. We wish good luck to everyone competing in the FISU Games this Friday. All eyes are on **alpine skiing** in Bardonecchia Melezet, where there will be three competitions, starting from 1 pm: women's giant slalom and para alpine giant slalom, men and women. On the other side of the mountain, Pragelato Rua will host **men's and women's biathlon** 10 km and 7.5 km sprint, one at 10:05 am and the other at 1:05 pm. Two medals will be awarded to **single free figure skating** athletes in Palavela: at 12 pm for men and at 4:30 pm for women. It's safe to say that today we'll be captivated by a showcase of grace and elegance, as well as power and speed. All competitions will be aired **live on fisu.tv**, accessible for free.



# MAKING OF THE GAMES

# TORINO 2025 FISU GAMES: CULTURE & ENVIRONMENT

## The University of Turin

Founded in 1404, the University of Turin is one of the oldest and most prestigious Italian universities. Many prominent figures of the 20th century studied here, including Antonio Gramsci, Piero Gobetti, Norberto Bobbio, Cesare Pavese, Primo Levi, and Umberto Eco, as well as three Nobel Prize winners in Medicine: Salvatore Luria, Rita Levi Montalcini, Renato Dulbecco, and two Presidents of the Republic, Luigi Einaudi and Giuseppe Saragat. It forms an ecosystem made up of seven major hubs organized into 27 Departments and more than 100 locations throughout the regional territory. With around 81,000 students and over 4,000 employees, including faculty and administrative staff, UniTo offers 167 degree programs at single-cycle, first, and second levels across all fields of study:

economics, legal and political-social sciences, humanities, science, and health. The educational offer is completed by 65 PhD programs and more than 100 first - and second-level master's programs. Researchers at the University of Turin have won 30 ERC Grants in its history, categorized as follows: 13 Starting, 12 Consolidator, 3 Advanced, and 2 Synergy. An increasing number of courses are delivered in English, and Italian language courses are available for the more than 3,000 international students from 131 countries. UniTo's strong commitment to internationalization is demonstrated by over 430 agreements with other universities worldwide, numerous exchange projects promoting both incoming and outgoing mobility, and constant engagement in scientific and educa-



tional cooperation with other countries. Since 2020, UniTo has coordinated the UNITA - Universitas Montium consortium, an alliance of 12 European universities in 7 countries. This initiative aims to build an inter-university campus of excellence, becoming a hub for attracting European and non-European students while leveraging multilingualism as a factor of inclusion. International and local funding programs, both public and private, support the University's commitment to innovation and research. UniTo is aware of its role in the local community, promoting knowledge transfer to businesses through patents and spin-offs. It boasts specific industrial expertise in the following areas: agrifood, circular

& bioeconomy, cultural heritage, energy and environment, banking and finance, health, mobility and transport, smart technologies for industry and businesses, and space science. The University is publicly engaged in issues of economic, social, and environmental sustainability. Each year, it publishes the Sustainability Report, an annual document that informs stakeholders about the University's ethical-practical commitments and its impact on local communities and people. The UniTo community has access to 22 libraries with full internet access, the botanical garden, numerous university museums, student services, dining halls, and comfortable sports facilities.

# MAKING OF THE GAMES

# TORINO 2025 FISU GAMES: CULTURE & ENVIRONMENT



## RESEARCH AREAS: NEUROMUSCULAR FUNCTION RESEARCH GROUP

School of Exercise and Sport Sciences (SUISM) - University of Torino

Edited by: **Alberto Rainoldi, Luca Beratto, Gennaro Boccia, Paolo Riccardo Brustio, Corrado Lupo, Anna Mulasso, Alexandru Nicolae Ungureanu**

### **Area: sport performance and match analysis**

Sport Performance and Match Analysis area is allocated within the Neuromuscular Function Research Group at the School of Exercise & Sport Sciences (SUISM) and is dedicated to studying sports performance through an integrated and multidisciplinary approach. In particular, physiological, psychological, and technical-tactical factors are combined for providing integrated analyses and promoting new findings for sports sciences. The main goal is to develop innovative knowledge that can be translated into practical applications to enhance athletes' and teams' performance level, meeting the needs of coaches, physical trainers, and sport managers.

### **A Scientific and Multidimensional Approach**

Sport Performance and Match Analysis area is characterized by the use of advanced tools and methodologies, ranging from the analysis of neuromuscular

and physiological responses to the study of game dynamics and athletes' well-being. Specifically, the use of cutting-edge technology for performance analysis (e.g., heart rate monitors, GPS, video tracking systems for athletes during competition) is complemented by the integration of artificial intelligence tools to analyze the collected data.

One of the main areas of study is about talent identification in various sports contexts, with a particular emphasis on the athletes' Relative Age Effect (RAE) and career transitions from junior to senior levels. For instance, one of the main areas of study is the phenomenon of the RAE, which highlights how the date of birth can influence the likelihood of sporting success among young athletes. Research conducted by the group analyzed the athletes' performance and birthdays, generally demonstrating that success in adulthood is not necessarily linked to achievements

and talent selection during youth. On the contrary, the duration of a competitive career and long-term planning play a crucial role in developing elite performance. This study emphasizes the importance of adopting a cautious approach when selecting young talents, avoiding an exclusive focus on early results.

### **A Significant Impact on the Sports Landscape**

In addition to initiatives focused on on-field sports performance, the group is also committed to promoting athlete well-being and personal growth through projects such as dual-career (i.e., combination of student-athletes' sport and academic pursuits). In line with European guidelines, the research group analyzes the needs and challenges faced by student-athletes to develop policies and strategies that effectively support them. At present, a University of Turin Dual Career Programme has been started and is currently promoted for its 4th year edition with 200 involved elite student-athletes.

### **Area: neuromuscular function**

In this lab, we delve into the intricate processes governing muscle force production, examining the adjustments within muscles during contraction and the interplay between muscles to achieve smooth, effective movements. Our research spans multiple interconnected areas, each aimed at advancing our understanding of muscle function and its role in performance, health, and disease.

One key tool for studying muscle function is surface electromyography (sEMG), which captures the electrical activity of muscles during voluntary contraction. This non-invasive method provides valuable insights into muscle behavior. Recent advancements like high-density sEMG allow us to analyze spatial EMG patterns, decompose signals to study motor units, and estimate synaptic inputs, offering unprecedented insights into neuromuscular control and laying the groundwork for exploring fatigue and pathological adaptations.

Muscle fatigue, an exercise-induced decline in force production, represents one of the most significant challenges to muscle performance. It can originate in the central nervous system or within the muscles themselves. Using high-density sEMG and nerve stimulation, we investigate how prolonged exercise induces fatigue and its effects on performance. This research not only bridges our understanding of neuromuscular control but also informs strategies to detect early fatigue markers and mitigate its impact in sports, rehabilitation, and clinical settings. The insights gained from fatigue research also extend to studying muscle adaptations in pathological conditions like COPD or sarcopenia.

Beyond pathological states, we examine the rate of force development (RFD), which measures how quickly muscles can generate force during rapid contractions. This capability is essential for explosive actions like jumping and sprinting and is equally critical for daily activities such as walking, rising from a chair, or preventing falls. Monitoring RFD offers a comprehensive perspective on muscle health, helping detect early signs of fatigue, muscle damage, or age-related decline while reinforcing the importance of neuromuscular efficiency in both athletic and everyday contexts.

**Area: active lifestyle, exercise and health**

Can physical activity, exercise and active lifestyles improve our health and prevent the onset of chronic diseases? Within this research area, we are developing research projects and initiatives to answer this complex and challenging question. The answer may seem simple, but the evidence and results can vary depending on the age, gender, clinical condition, etc... of the person.

Awareness of one's own physical abilities can lead to a change in lifestyle, encouraging the adoption of healthy and active behaviour throughout the life cycle. To achieve this, and thanks to our collaboration with healthcare companies, sports physicians, sports clubs



# MAKING OF THE GAMES

# TORINO 2025 FISU GAMES: CULTURE & ENVIRONMENT

and patient associations, we run effective projects focusing on: young adults and adults, offering original wellness programs based on the assessment of physical abilities such as handgrip and lower limb strength, balance, cardiorespiratory fitness, etc... which are important predictors of life expectancy and functional ability. Using a dedicated hardware and software platform, called the Physical Capacity score (PiC), which enables automated data collection and analysis, we administered six validated physical tests. Based on the World Health Organization's recommendations for physical activity and the results obtained, we offer personalised advice on how to improve lifestyle; people with chronic diseases, implementing tailored and adapted exercise programs and evaluating the feasibility and effectiveness of such interventions on health outcomes. We are also investigating the

impact of physical inactivity and sedentary behaviour on clinical outcomes, psychosocial functioning and health-related quality of life. People with musculoskeletal, metabolic and neurological conditions have been successfully included in this theme; people with physical disabilities (i.e., spinal cord injury or amputation) or intellectual disabilities (i.e., Down syndrome, autism spectrum disorder), exploring the role of physical activity and sport on autonomy in daily activities and health-related quality of life; older adults and frailty condition, which led to the validation of the Italian version of the Tilburg Frailty Indicator. We are interested in the early detection of frailty and the implementation of prevention and health promotion strategies to counteract the negative consequences of ageing.

## CUS Torino (Turin University Sports Centre)



CUS Torino (Torino University Sports Centre) is the largest **multi-sport organisation** in Italy in terms of disciplines practiced, continuity, and level of activities offered. Founded in 1946, with over seventy years of history, it provides users with ten facilities and over one hundred sports activities. There are also tournaments, major events, and high-level competi-

ve activities, thanks to the support of FederCUSI.

The primary goal of the Torino University Sports Centre is to **train and offer sports activities to students of Politecnico di Torino and Università degli Studi di Torino**, in order to improve the quality of life for each student, as well as for the entire commu-

nity. The aim is to promote and further develop the idea of "Torino: University City" and attract more students, both from other cities, abroad, and Erasmus.

### JUST THE WOMAN I AM

CUS Torino means **not only sports** but also social commitment. In recent years, there has been significant development of programs and events aimed at fundraising to support the growth of solidarity projects, related to adaptive sports and prison inmates, as well as to fund university cancer research. One of the most notable events is **Just The Woman I Am**, which since 2014, through a 5-kilometer run/walk open to everyone, raises funds for university cancer research, promotes prevention, healthy lifestyles, inclusion, and gender equality  
**Website:** <https://jtwia.org/>.

Throughout its long history, CUS Torino has had the privilege of being led by great managers such as **Primo Nebiolo**, the founder of the first Universiade in 1959 in Torino, one of the brightest and most influential sports leaders in world and national history, and the unforgettable president of CUS Torino from

1947 to 1999. It has also trained great coaches and athletes such as **Prandi, Berruto, Marcello Fiasconaro, Giovanni Lanfranco, and Livio Berruti**.

Today, the president of the Torino University Sports Centre is **Riccardo D'Elicio**, who celebrated his 25th anniversary as president on November 15th, 2024. All information about university sports in Torino can be found on the **website** [www.custorino.it](http://www.custorino.it).

### PROGETTO AGON - Scholarship program

AGON is a scholarship program created to ensure that **talented young athletes** from across **Italy and abroad** can access the highest levels of academic education while practicing sports in an environment of excellence. Each year, Torino University Sports Center, in collaboration with Politecnico di Torino, Università degli Studi di Torino, EDISU Piemonte, and Einaudi College, offers 24 scholarships. Of these, 14 provide athletes with free board, lodging, and tuition fees. An additional 10 scholarships cover the tuition fees for young talents who meet the eligibility criteria.

**Website:** <https://progettoagon.it/>

ISCRIZIONI APERTE DAL 25/11

7-8-9  
MARZO

JUST THE WOMAN I AM

UNIVERSITÀ DI TORINO | CENTRO UNIVERSITARIO SPORTIVO TORINO | Politecnico di Torino

INFO E PROGRAMMA [WWW.JTWIA.ORG](http://WWW.JTWIA.ORG)

# AROUND THE GAMES

# TERRITORY AND PARTNERSHIP



REGIONE  
PIEMONTE

## “PIEMONTE LAND OF SPORT, TOURISM AND GREAT EVENTS.”

Sport, culture, gastronomy, music: in Torino, the events never end and there are plenty of opportunities to spend your free time.

2025 is an extraordinary year for Piemonte, with an agenda full of cultural and sporting events which represent an unrepeatable opportunity to make the richness of the territory known to the world. From sport to wine and food, from music to culture and even conventions, Piemonte is ready to attract flows of tourists thanks to its annual programme. Events bring benefits to the host destination, being important tools for its valorisation and collocations of its image at a national and international level, as well as promoting the economic growth of the tourist

and commercial environment; they are also a reason to visit and discover the attractions and excellences that a territory has to offer.

“Major events - declares the **President Alberto Cirio** and the **Councillor for Sport, Tourism and Culture Marina Chiarelli** - are fundamental agents in the marketing of the territory and for the economic development of our region, which in recent years has made a quantum leap. The offer has increased, but above all the prerogatives of excellence that have allowed all territories to overcome foreign competition, thanks to an entrepreneurial fabric that even in the most difficult times has believed on a sector that is becoming strategic, a driving force for our economy.



Major events will be hosted **in the sports field**, with a strategy aimed at enhancing big cities and bringing light to lesser-known areas, creating an ideal itinerary for those wishing to discover an authentic and surprising Piedmont. From the 32nd FISU World University Games Winter to the **Fencing Grand Prix** (8-9 February) and the **Frecciarossa Final Eight 2025** (12-16 February); from **Special Olympics** (8-15 March) to **American Wrestling** (10 May); from the **Nations League Final Four** (June) to the **Vuelta** (23-26 August); from the **Men's Volleyball Tournament** (28-31 August) to **Nitto ATP Finals** (9-16 November).

In addition to major sporting events, other events will be held in Piedmont, including **Ciocolato** (27 February - 2 March), **Salone del Vino** (27 February

- 2 March), and the **Salone Internazionale del Libro** (15-19 May). June will see the arrival of the prestigious **World's 50 Best Restaurants**, a unique opportunity to highlight Piedmontese food and wine excellence and supply chain, bringing the region into the international spotlight. And so much more: **Collisioni Festival** (July), **Salone dell'Auto** (12-14 September), **Artissima** and **Torino Film Festival** (November) and the list goes on.

Piemonte has become a global destination, combining tradition, landscape and innovation in a unique and unforgettable experience. 2025 will be a year of transformation and opportunity, in which the region will present itself to the world with its best version, able to excite, inspire and leave mark in the hearts of visitors.



# AROUND THE GAMES

# TERRITORY AND PARTNERSHIP



Turismo Torino e Provincia is the Convention & Visitors Bureau of the city of Torino and its provincial territory, a reality dedicated to tourism and conference promotion. With 312 municipalities and 8 territorial areas, we enhance the historical, cultural and natural heritage of the region. Our team supports the events industry and welcomes visitors through 15 Tourism Offices and a year-round contact centre. Our mission is to attract visitors from all over the world, promoting the many resources of our region

and offering support to both tourists and industry professionals through a team of dedicated experts. Whether you are a tourist in search of new experiences, an events professional or a sports enthusiast, we invite you to discover our territory and participate in the events that will make 2025 an unforgettable year. Visit our portal <https://turismotorino.org> for up-to-date information on events, activities and tourist services, and follow us on our social networks to stay connected with the latest news.

Social network:

Facebook: <https://www.facebook.com/turismotorino>

Instagram: <https://www.instagram.com/turismotorino>

TikTok: <https://www.tiktok.com/@turismotorino>

Linkedin: <https://www.linkedin.com/company/turismo-torino-e-provincia>

X: <https://x.com/turismotorino>

YouTube: <https://www.youtube.com/TurismoTorino>



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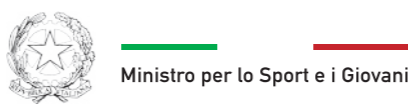


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# FAIR PLAY

#TORINO 2025  
FAIR PLAY AWARD



FISU and the International Fair Play Committee (CIFP) join efforts in promoting fair play, sportsmanship and ethical behaviour. SCAN THE QR and you'll be able to nominate a candidate from the TORINO 2025 FISU Games to receive the award.



DAY

6

**SEE YOU  
TOMORROW!**

[WWW.WUGTORINO2025.COM](http://WWW.WUGTORINO2025.COM)